



Gladstone Area Water Board

ABN: 88 409 667 181
Service Provider: 200

PO Box 466
GLADSTONE Q 4680

2nd Floor
147 Goondoon Street
GLADSTONE Q 4680

Tel: (07) 4976 3000
Fax: (07) 4972 5632

Email:
gawb@gawb.qld.gov.au
Web:
www.gawb.qld.gov.au



26 May 2017

MEDIA RELEASE

Water Walkers Climb Mountains for Charity

Gladstone Area Water Board (GAWB) staff have a long trek ahead of them as they train for the Oxfam Trailwalker 100km hike.

'Water Walkers' team members, Jim Grayson (Chief Executive Officer), Hugh Barbour (Chief Financial Officer) and Michael Schubert (ICT Consultant) are taking part in the trek on 16 June from Mount Glorious to Mount Coot-tha in South East Queensland.

Mr Grayson said it was the second year GAWB had entered a team to raise funds for Oxfam and he was looking to improve on last year's results.

"Last year our team completed the trek in 24 hours and 24 minutes; I'd love to be able to finish in 21 hours this year," Mr Grayson said.

"That means we need to average one kilometre every 12 minutes, which is a big ask considering the first 40km of the trek has elevations of up to 600m".

The trios' training for the event has included trail walking in the Lake Awoonga catchment and at Mt Coot-tha.

"I think we're all starting to get a bit nervous now and question whether we've done enough training but I'm sure we'll be fine".

"You'd think we'd be concerned about blisters, snakes or the cold but no, we're more concerned that we don't make the finish line and we'll never live it down; that and putting up with each others heckling for 100km".

The 100km trek must be completed within 48 hours and participants have to pass through six check points on the way.

Mr Grayson said the trek was a great personal challenge while also raising funds for a great cause.

Oxfam works with communities in Australia and around the world to promote education, ensure access to clean water and teach skills to enable communities to grow their own food.

The Water Walkers have already raised \$1,500 towards their target. Donations can be made at www.trailwalker.oxfam.com.au.

Ends.

For more information, please contact:

GAWB Communications Officer – 0438 673 776